Neurodiversity and the accessible university

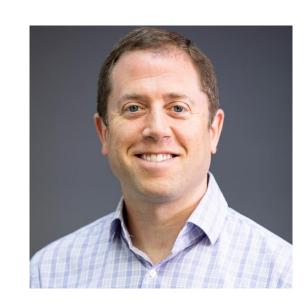
Barriers, access labor and opportunities for change

Valeria Borsotti, Postdoc, University of Copenhagen, Faculty of Health and Medical Sciences March 1, 2025





Valeria Borsotti, University of Copenhagen



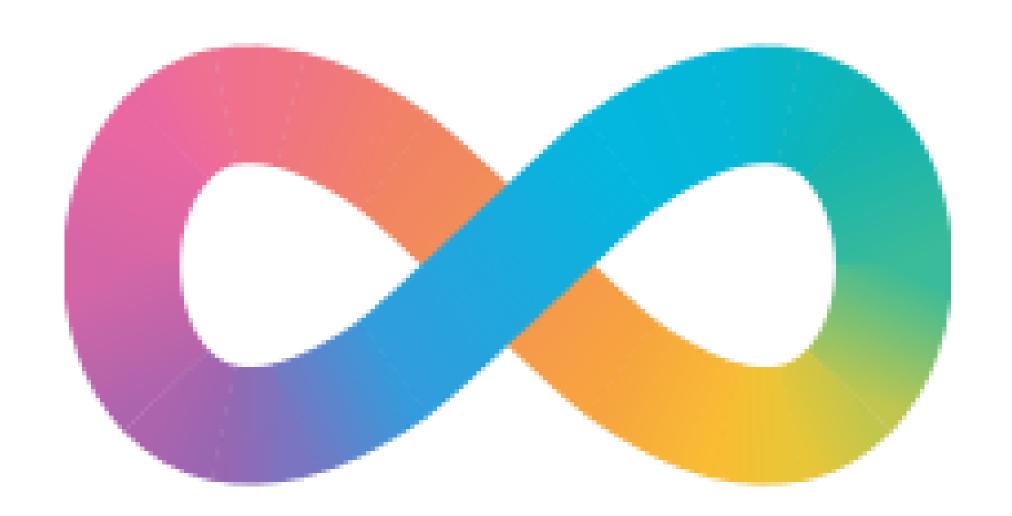
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NEURODIVERSITY

- Destigmatize "atypical" neurobiological structures (Judy Singer)
- Autism, ADHD, dyslexia, dyspraxia + neurological conditions developed as a result of trauma, injury or illness
- Neurodiversity less explored in relation to accessibility (HCI/CSCW)



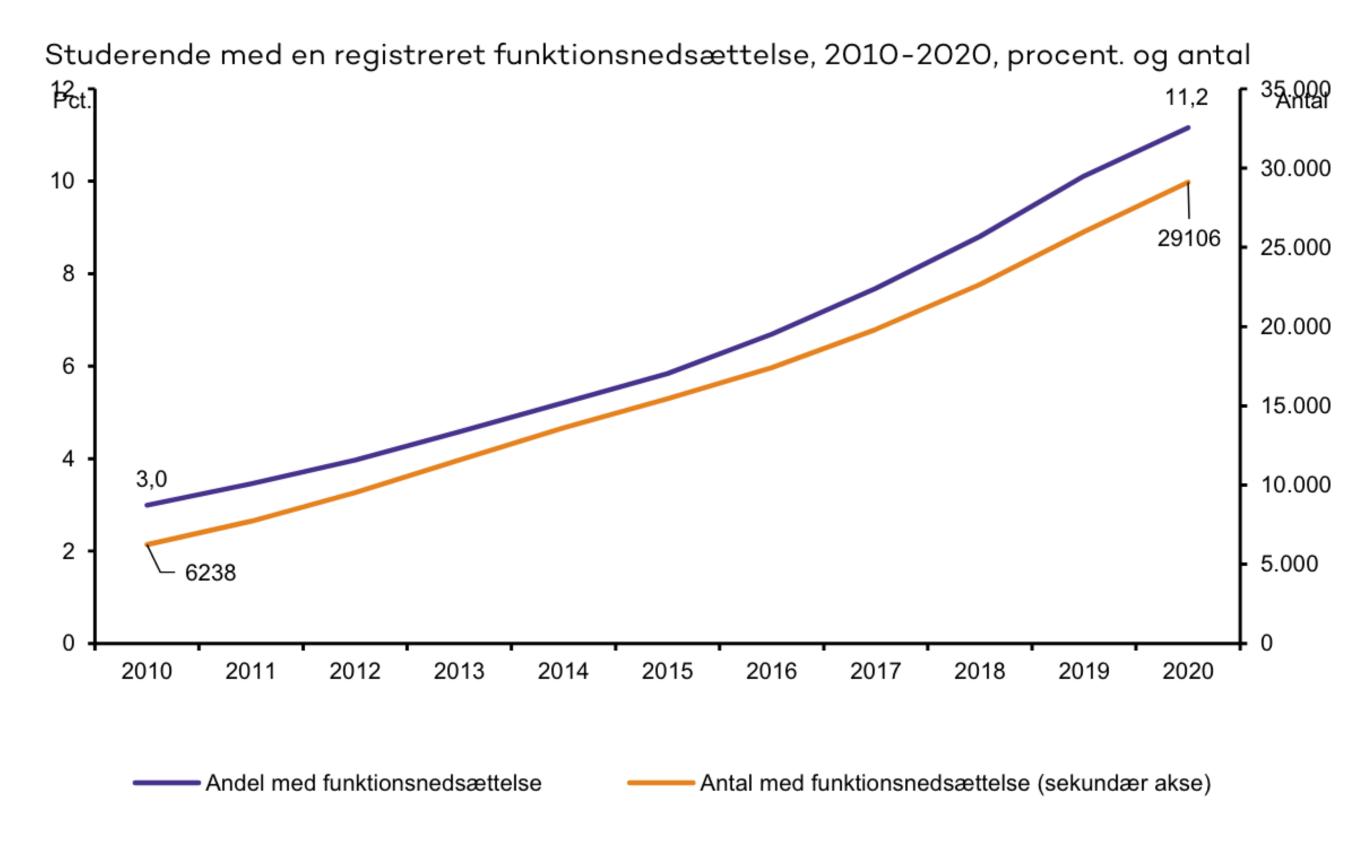
ACCESSIBILITY & Neurodiversity



Most accessibility studies have focused on the experience of **blind and low-vision people**, followed by people with **motor impairment** and **deaf and hard-of-hearing** communities. (Mack et al. 2021)

Accessibility work is cooperative! And is shaped by values, norms, organizational practices and policies.

INCREASING PERCENTAGE OF STUDENTS RECEIVING DISABILITY SUPPORT



Data: Denmark Statistik

From 2018-2022

Science Faculty: 157% increase of students registered with disability services

(KU overall increase: 160%)

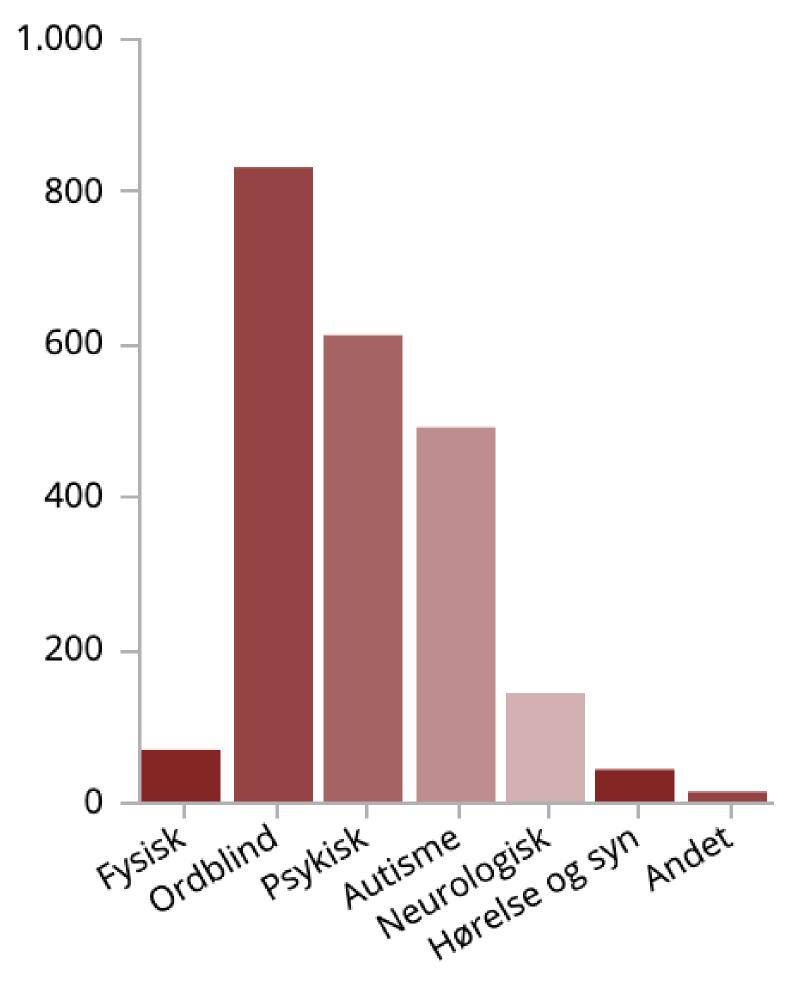
Data: SPS Unit at KU

Most common disabilities at KU:

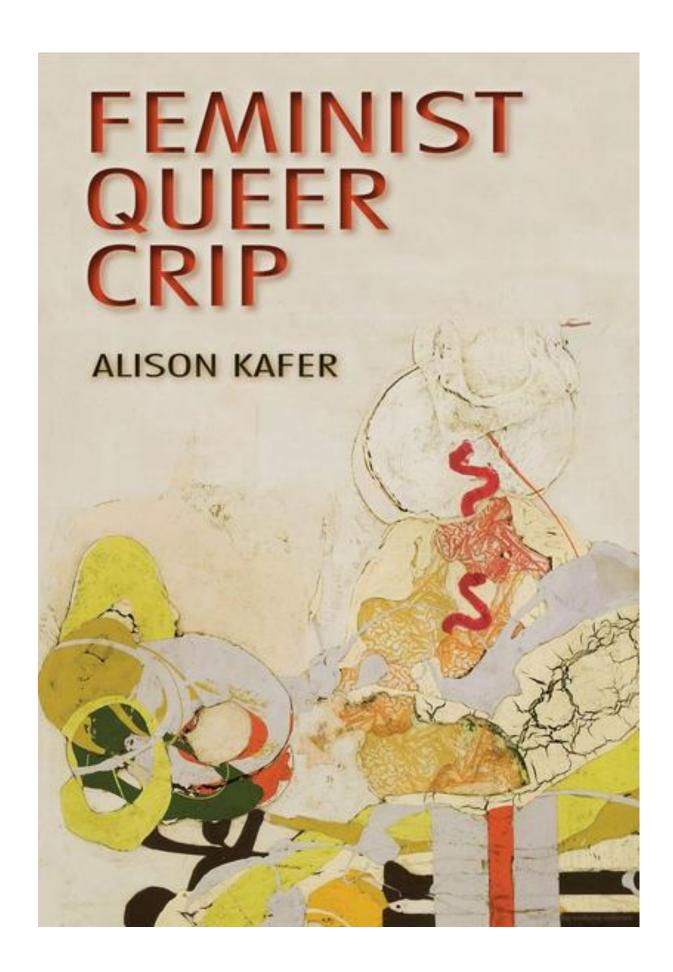
DYSLEXIA AND "MENTAL IMPAIRMENT"

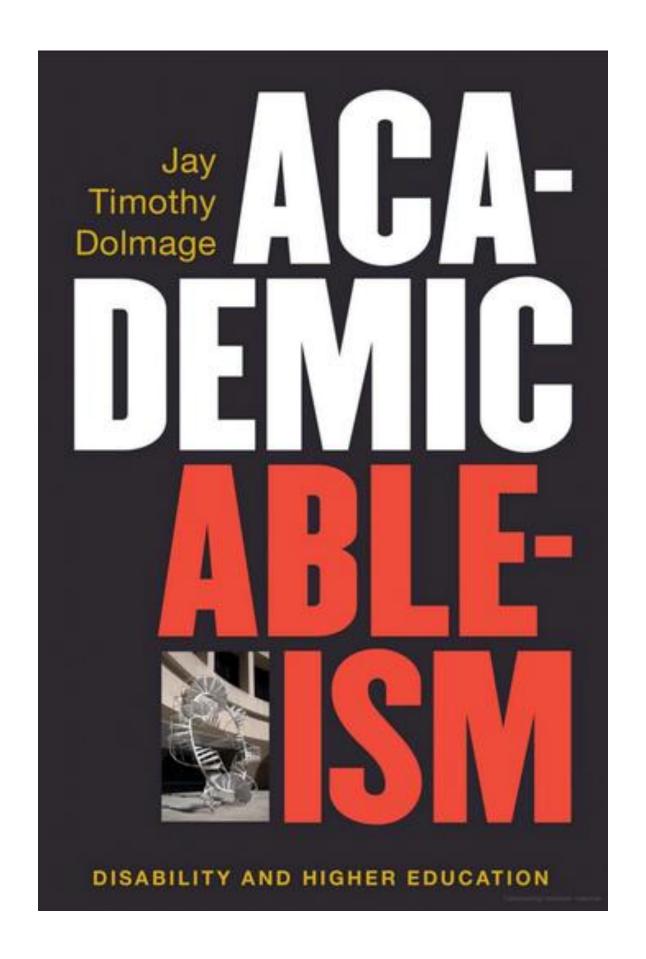
(over 50% of students receiving disability support)

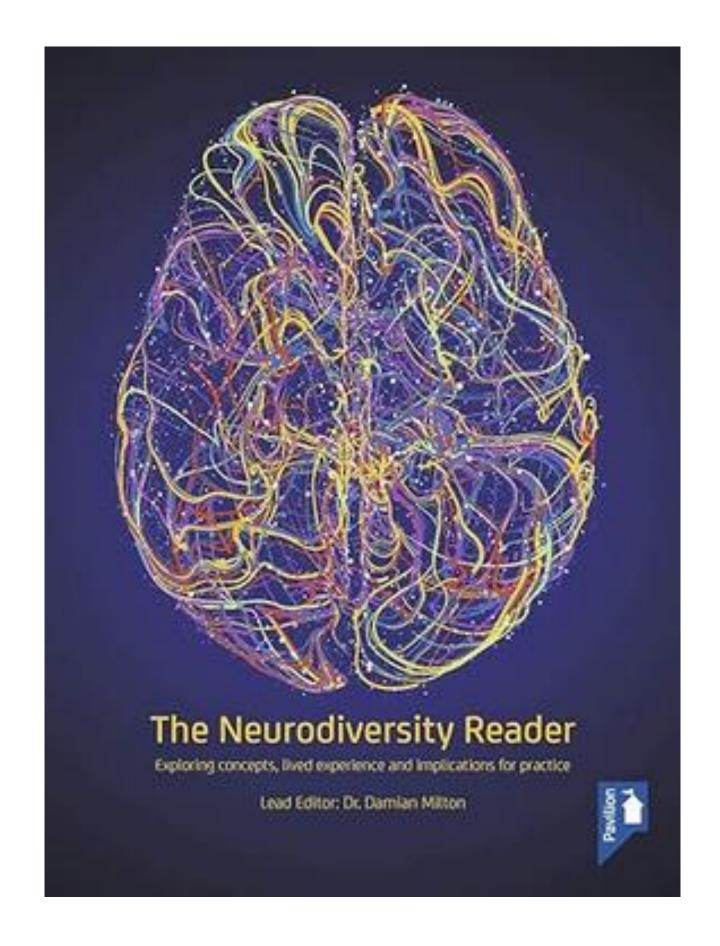
Studerende, der modtog SPS i 2022



Data: University of Copenhagen, Disability Support unit







RESEARCH QUESTIONS & METHOD

RQ1: What are the main **barriers to access** experienced by ND students in Computer Science?

RQ2: How can we reorient cooperative practices to support equal access?

Interviews (n=26)
Document analysis (policy docs)

Study participants: 18 CS students (3 Universities in Denmark)

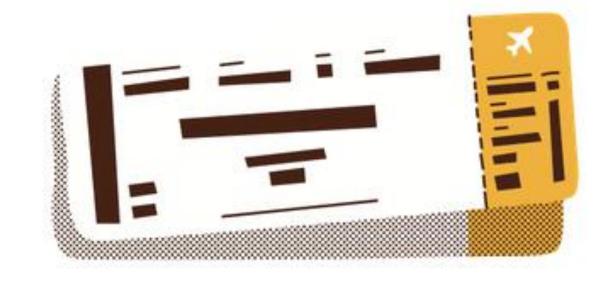
Education type	Self-reported disability identity		Gender	
Bachelor program 14	Autism	3	Women	9
Master program. 4	Dyslexia	4	Men	9
	ADHD	4		
	Autism and ADHD	2	Ethnici	ty
	Autism, ADHD and Dyslexia	a 1		
	Fibromyalgia	1	BIPOC	2
	Cyclothymia	1	White	16
	PCS	1		
	CPTSD	1		

Study participants: University staff (3 Departments in Denmark)

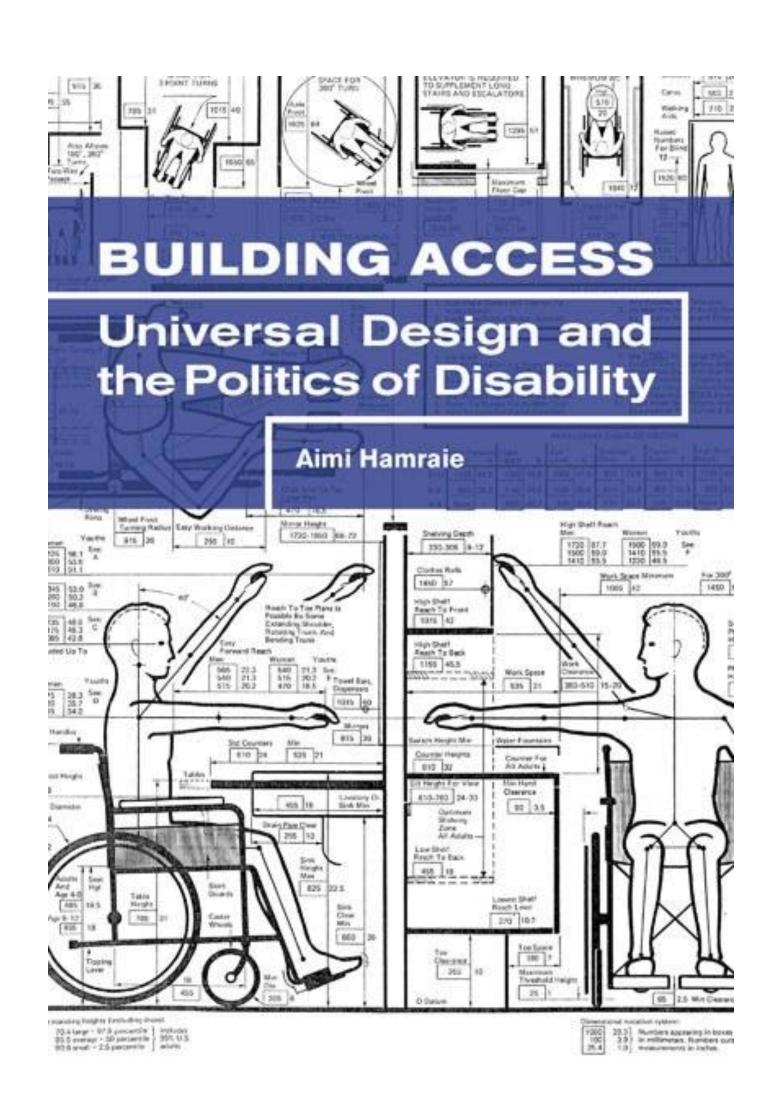
Role	Gender
Disability officer 3 CS teacher 3 Student tutor 1	Women 5 Men 3
Disability student-mentor 1	Ethnicity
	BIPOC 0 White 8

YOU NEED A TICKET FOR THE INCLUSIVITY PARTY

Disability and accessibility are mostly understood in terms of individualized 'special' support that students can apply to (when they have a diagnosis, or similar).



SHOWING THE INVISIBLE ACCESS LABOR



The practices of negotiating and seeking equitable access to:

organizational services, technologies, and resources.

ACCESS BARRIERS

MICRO-INTERVENTIONS

Structural and attitudinal barriers to access



Educational environment

Disability
Support
System

Intensified by

SILOED DATA

STIGMA

INTERSECTING SOCIAL DIMENSIONS ND students and their allies create local interventions for collective access

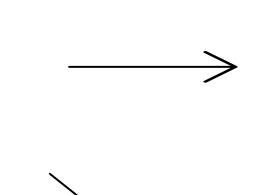


EXAMPLES

ASSISTIVE TECH

 Screen readers not domain specific

ACCESS BARRIERS



COGNITIVE & PHYSICAL ACCESS

 Remote access to lectures not always available...

SOCIAL ACCESS

Access partners cannot interact with some disability services

"Every time I go to an exam, I have to apply for getting this dictionary. And I only got them to approve it once in 3 years of my bachelor (...) it's because the Board of studies think I will cheat."

(woman, dyslexia)

- LACK OF LITERACY AROUND DISABILITY
- REPEATED BUREACRATIC TASKS

"I am teaching a programming course (...) At times the students approach me and ask for help with the needs they have.

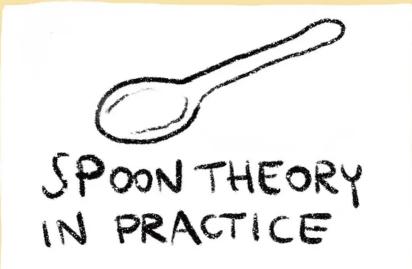
So I know for example there is a fair share of dyslexic people. When they come to me, I feel ill-equipped to help them. But I do send them on in the system [of disability support]."

(Teacher)

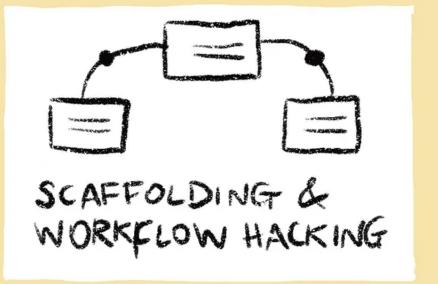
- STAFF LACKS LITERACY ON ACCESS NEEDS
- FRAGMENTED SYSTEM OF SUPPORT
- SELF-ADVOCACY

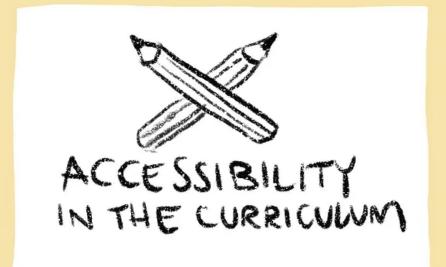
MICRO-INTERVENTIONS

MICRO-INTERVENTIONS

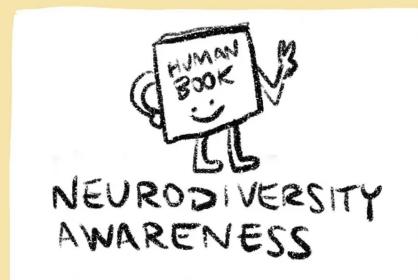






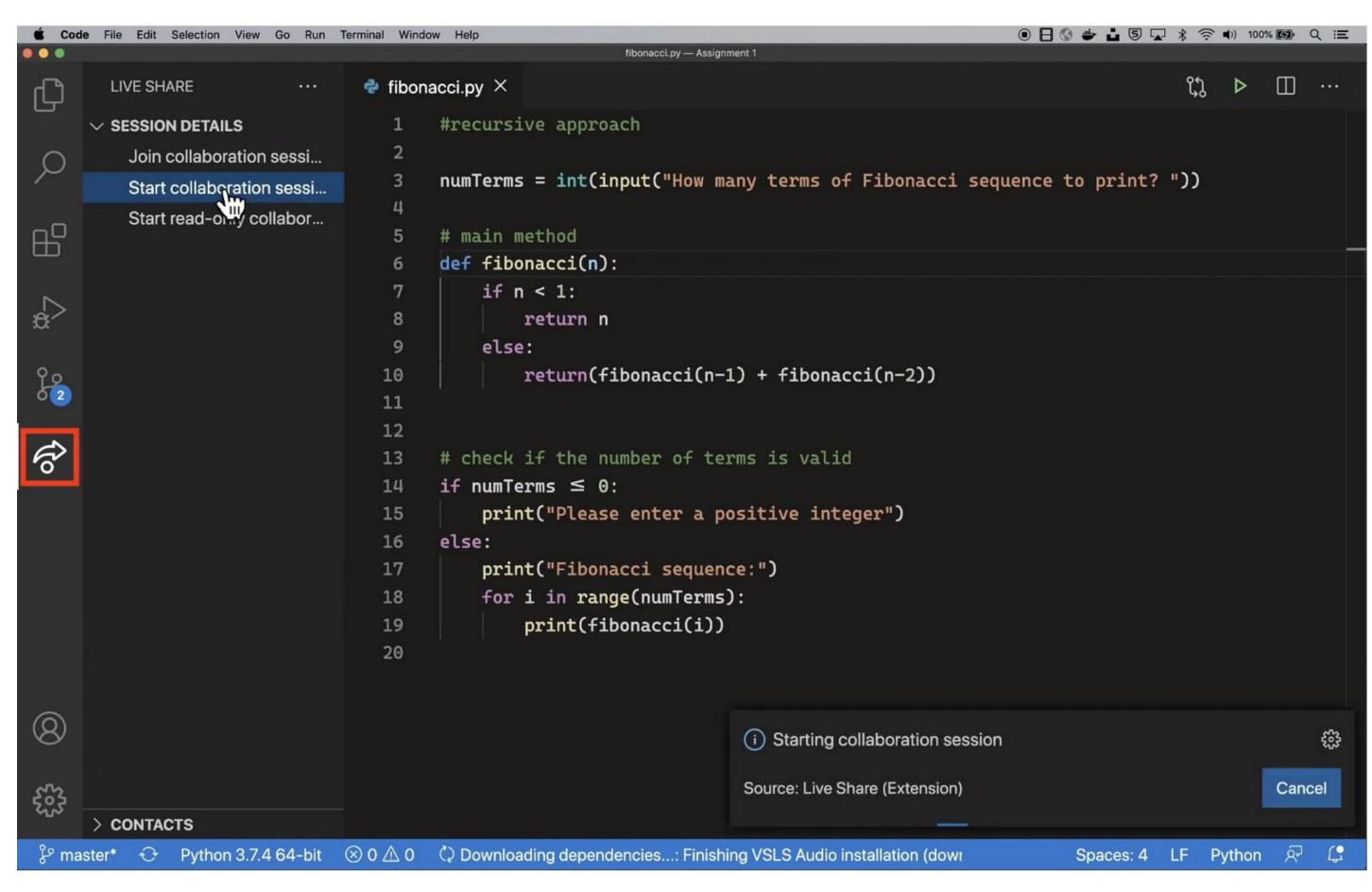








REMIXING TECHNOLOGY (for hybrid access)



Visual Studio Code Live Share & Discord voice chat



Micro-interventions center values and approaches that are missing in practice...

...and inform new bottom-up ways to rethink accessibility in higher education

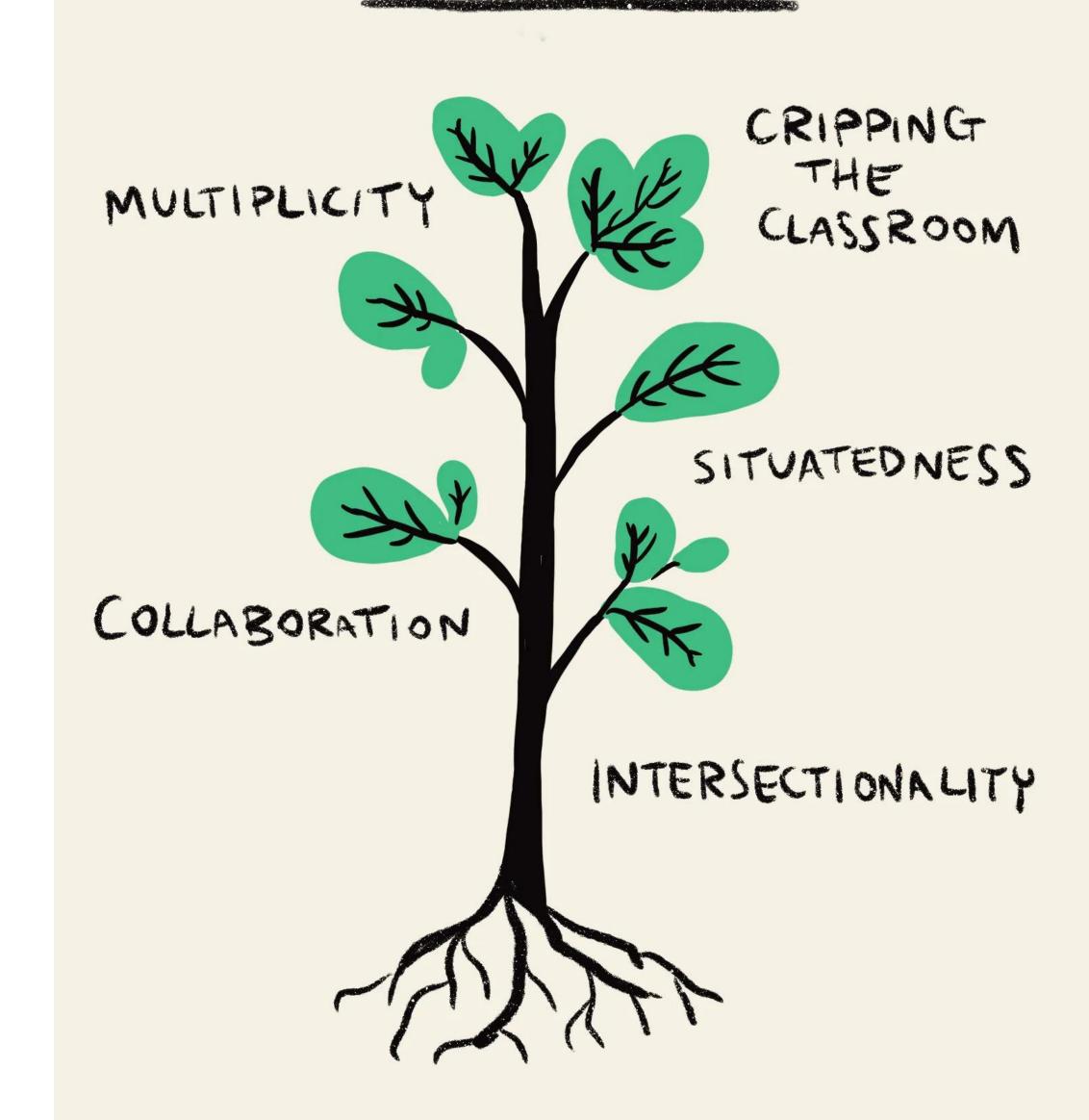
ACCESS GRAFTING

- Collaborative, experimental, bottom-up approach
- Embedding values, practices, knowledge & initiatives by ND students and their allies (micro-interventions)
- …into organizational strategies and structures.

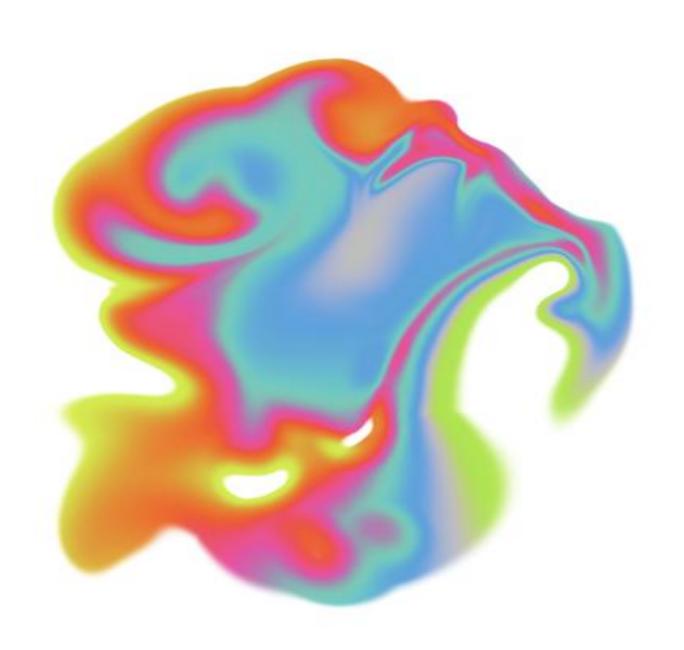


Needs strong organizational and financial support!





Principle: CRIPPING THE CLASSROOM



- Centering disability and accessibility in the CS classroom
- Introducing critical discussions of how norms shape IT systems
- Experiment! Start access grafting ©





Creating Neuroaffirming Classrooms from Week 1

Session description

What does it mean to be neuroaffirming in your teaching practices? How can instructors create learning environments for neurodivergent learners that are conducive to their success? Neuroaffirming practices are strength-based and learner-centered methods that instructors can integrate into their teaching to support all students. Building on the Foundational session, participants will learn about the influence of pedagogical settings and explore concrete strategies to academically enhance the physical, environmental, and social aspects of learning. Participants will collaborate to design incremental strategies to various aspects of their course design and teaching.

Learning objectives

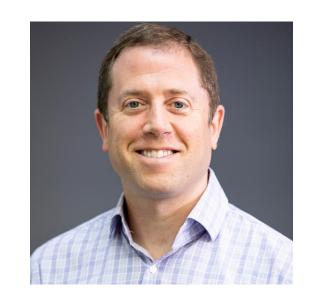
- Explain what a neuroaffirming learning environment entails
- Identify concrete strategies to create a neuroaffirming space
- Apply strategies to specific teaching contexts



Thank you!



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